



RCCG UK TEENS CAMP 2026 CHECKLIST



JESUS & ME KIT

Bible {Youth friendly version}

Notepad and Pen

Gift / Talent
{Ready to be Discovered,
Developed and Used}

BODYCARE

Toiletries {Bathing & Teeth}

Towel, Dressing Gown

Body Lotion / Skincare

Medications {if applicable}

OUTFITS & SHOES

Jogging / bottoms / Jeans

T-shirts / Hoodies / Sweatshirt

Banquet outfit {modest attire}

Smart Footwear

Flip flops / Sandals

Trainers/ Comfortable Shoes

Undergarments , Sleep wear

OTHERS

Water bottle {labeled with your name}

Feminine hygiene products *

Extra money for tuck shop *

A white plain T-Shirt for photos

Blanket {for nighttime}

LEAVE AT HOME

Electronics, Valuables and
Nuts of any kind

PS: If it is not here, it should not be brought to the camp.

We encourage leaving phones at home. If you urgently need to speak to any of your wards, please contact any of the youth leaders on camp from your parish or a designated contact which will be provided on the day of arrival.

For allergy safety, **no nuts of any kind** are allowed.

Items marked * are only if preferred, they are not required



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WHAT TO EXPECT



On Thursday, the 20th of August, we shall all be fasting at the camp up until 3pm. If any concerns, please email us to exempt your wards.



There are arrangements for daily morning exercises. Kindly email us if you have any concerns for your wards.



To help minimise distractions and support full participation in camp activities, mobile phone use will be limited. Phones are not permitted during sessions and may be temporarily confiscated if used inappropriately.



Phones will also be collected after lights out each evening and returned the following morning to promote a restful night's sleep. Where possible, we encourage participants to leave mobile phones at home.



Camp organisers cannot accept responsibility for the loss or damage of valuable personal items such as iPads, laptops, gaming consoles, or other expensive electronics. We strongly encourage participants to leave these items at home.



At camp keep your rooms tidy. Please ensure to tidy up after yourself as rooms will be checked



Teens are encouraged to dress modestly (in Black tie event attire), for the banquet ball style variety night on Friday.